



# J-1 Internship and Trainee Hospitality & Culinary Arts Program



Food & Beverage | Culinary | Front Desk



**Work Learn and Grow**  
**J-1 Internship & Trainee Program in the US.**

# J-1 INTERNSHIP AND TRAINEE PROGRAM

## The J-1 Internship & Trainee Program: Gaining Professional Experience in the US.

The J-1 Visa is a U.S. cultural exchange program for students and young professionals to gain practical training and cultural immersion. It features two categories: **Internship and Trainee**.

### J-1 PROGRAM TYPE

#### Ⓐ Internship

Eligible for current students or recent graduates (within 12 months) from non-U.S. institutions. The internship must align with the participant's field of study.

- Objective: Hands-on academic experience
- Duration: Up to 12 months

#### Ⓑ Trainee

Designed for experienced professionals, this program requires either a degree plus one year of related experience or five years of work experience outside the U.S.

- Objective: Enhance skills in a specific occupational field
- Duration: Up to 18 months

#### Basic Qualifications for J-1 Program Applicants

- **Must be** a student pursuing a Bachelor's or Master's degree at an accredited university.
- **Must have** a minimum GPA of 2.0.
- **Must have** sufficient English language skills.
- **Must be** in good health and have no criminal record.
- **Must be** between 20 and 34 years of age at the time of application.
- **Must intend** to return to their home country upon completion of the program.

# HOSPITALITY & CULINARY ARTS PROGRAM

Launch your culinary career in the USA! Join our J-1 program at a luxury resort and master various kitchen roles through expert-led rotations. Gain the international experience you need to lead the hospitality industry back home.



## APPLICANT QUALIFICATIONS

### (UNDER J-1 REGULATIONS)

#### For the J-1 Internship Category

1. Must be a current student at a post-secondary institution in the field of hospitality or culinary arts.
2. OR, be a recent graduate (within the past 12 months) from a post-secondary institution in hospitality or culinary arts.

#### For the J-1 Trainee Category

3. OR, be a graduate (for more than 12 months) from a post-secondary institution in hospitality or culinary arts, with at least 12 months of verifiable, related work experience.
4. OR, have at least 5 years of verifiable, related work experience in the field.

#### General Requirements for All Applicants

5. Gender and Age: No gender restrictions; must be between 20 and 34 years of age.
6. Nationality: No nationality restrictions.
7. English Proficiency: Must provide one of the following English language test results:
  - \* 7.1) CEFR: B2 Level\*
  - 7.2) IELTS: Overall score of 6.0 \*
  - 7.3) TOEFL: iBT score of 79 or higher (with a minimum speaking score of 18), or a PBT score of 550 or higher. \*
  - 7.4) Duolingo English Test: Score of 95 or higher.



# HOSPITALITY & CULINARY ARTS PROGRAM

## PAYMENT FEE

### OPTION 1

6 months program

**\$4,720**

### OPTION 2

12 months program

**\$5,720**

## WHAT'S INCLUDED



Pre-Interview



Resume Preparation, Review & Interview Scheduling Support



Ongoing Communication, Assistance & Program Advising SEVIS Fee (non-refundable)



One Premium Job Offer



Training/Internship Placement Plan (DS-7002 or T/IPP) DS-2019 Form (non-refundable)



US. Government-Required Medical Insurance



Online (US. cultural expectations & program overview)

### Contact us

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